



INTERNATIONAL  
OLYMPIC  
COMMITTEE

TO:

- WADA Accredited Laboratories
- IOC Medical Commission Members
- National Olympic Committees
- NOC Medical Liaison Officers
- International Summer Sports Federations on Olympic Programme
- Olympic Games Organising Committees
- National Anti-Doping Organisations
- World Anti-Doping Agency

CC:

- Court of Arbitration for Sport
- Association of Summer Olympic International Federations (ASOIF)
- IOC Members

Ref. No LAB/ME/C/FE/CO/WADA/ CHMS/  
CRBU/csar/92/2015  
By e-mail

Lausanne, 14 August 2015

**IOC Anti-Doping Rules applicable to the Games of the XXXI Olympiad, in Rio de Janeiro, in 2016**

Dear Sir, Madam,

**A. IOC Anti-Doping Rules**

Please note that the IOC has finalised the *IOC Anti-Doping Rules applicable to the Games of the XXXI Olympiad in Rio de Janeiro, in 2016* ("**IOC Anti-Doping Rules**") which will be in force in relation to such Games ("**Rio 2016 Olympic Games**").

Please find attached a copy of such *IOC Anti-Doping Rules*, which are based on the WADA "Model Major Events Organisations Anti-Doping Rules" pursuant to the 2015 World Anti-Doping Code (the "**Code**"). A copy of these *IOC Anti-Doping Rules*, as well as the Code currently in force, can also be found, in English and French, on both the IOC website <http://www.olympic.org/medical> and the WADA website <http://www.wada-ama.org>.

Please note that all defined terms contained in this letter shall have the same meaning as in the *IOC Anti-Doping Rules*.

Although it is your responsibility to study the contents of such *IOC Anti-Doping Rules*, we wish to bring the following points to your specific attention:

1. During the *Period of the Rio 2016 Olympic Games*, all *Doping Controls* initiated by the IOC may, depending on the time and date of such *Doping Controls*, include *Testing* for all *Prohibited Substances* and all *Prohibited Methods* referred to in the *Prohibited List*.

The *Period of the Rio 2016 Olympic Games* is defined as "the period commencing on the date of the opening of the Olympic village for the Rio 2016 Olympic Games, namely, 24 July 2016, up until and including the day of

the closing ceremony of the Rio 2016 Olympic Games, namely, 21 August 2016”.

The Period of the Rio 2016 Olympic Games shall include “In-Competition” and “Out of Competition” periods. For the purposes of the application of the *IOC Anti-Doping Rules*, “In-Competition” shall mean “the period commencing twelve (12) hours before a Competition in which the Athlete is scheduled to participate through to the end of such Competition and the Sample collection process related to such Competition”. “Out-of-competition” shall mean any period that is not “In-Competition”.

2. During the *Period of the Rio 2016 Olympic Games*, all *Athletes* shall be subject to Doping Controls initiated by the IOC at any time or place with no advance notice required to be given to the Athletes.
3. The IOC may appoint WADA and any other *Anti-Doping Organisation (ADO)* to carry out *Doping Controls*, on behalf of the IOC, during the *Period of the Rio 2016 Olympic Games*.
4. Other Anti-Doping Organisations are invited to contact the IOC and coordinate with the IOC should such Anti-Doping Organisations wish to carry out Doping Controls on the *Athletes* within their authority during the *Period of the Rio 2016 Olympic Games*, including prior to the *Athletes* having validated their Olympic identity and accreditation cards for the *Rio 2016 Olympic Games* and subsequent to the *Athletes* having finished their final competitions at the *Rio 2016 Olympic Games*.
5. We remind you that an *Athlete* should request a therapeutic use exemption (TUE) prior to taking any substance that is included in the *Prohibited List*. This procedure is explained in further detail in the *IOC Anti-Doping Rules*.

The Anti-Doping Administration & Management System (ADAMS) shall be the preferred and recommended way to apply for TUEs in relation to the *Period of the Rio 2016 Olympic Games*.

6. To the extent that an *Athlete*, accused of having committed an anti-doping rule violation, is a member of a *Team Sport*, or is participating in a sport that is not a *Team Sport* but where awards are given to teams, the *International Federation* concerned shall be present at the hearing of the Disciplinary Commission in order to help ensure that the sanctions imposed by the IOC are as provided in the applicable rules of the relevant International Federation.
7. Prior to the *Period of the Rio 2016 Olympic Games*, the IOC shall cooperate and work with WADA and other ADOs to provide intelligence to the relevant ADO in order to help ADOs create and adapt their test distribution plan and support them in their investigations as per Article 5 of the Code.

#### **B. Whereabouts Information**

With respect to whereabouts information, the IOC requests the *Athletes* and their respective NOCs to ensure that they understand their obligations under the *IOC Anti-Doping Rules*, in particular as detailed in Article 5.6 of the *IOC Anti-Doping Rules*.

In order to protect clean *Athletes* and increase the efficiency and effectiveness of the fight against doping for the Rio 2016 Olympic Games, the IOC will require all *Athletes* currently in a whereabouts system to include sufficient details (such as block and room number in the Olympic Village and place of training), so that they can be easily located from the date of the opening of the Village up to and including the date of the Closing Ceremony.

The IOC will be using ADAMS to access whereabouts information. The responsibility for whereabouts will lie with the *Athletes* to provide the necessary information on ADAMS or other systems recognized by WADA. To the extent needed, the assistance of NOCs will be requested by the IOC to help locate *Athletes* (e.g. through accurate rooming lists for which a template will be available (if required)) and also to ensure *Athletes* realise the importance of full compliance with whereabouts requirements. For those *Athletes* not in a whereabouts system, requirements may include the submission by the *Athlete* of location information through a simplified WADA Major Games Application. In specific cases, the relevant *International Federation* or *National Anti-Doping Organization* may be asked to include *Athletes* in their formal whereabouts system.

In the meantime, if you have any questions regarding this matter, please contact Cherine Fahmy ([cherine.fahmy@olympic.org](mailto:cherine.fahmy@olympic.org)) or Christian Thill ([christian.thill@olympic.org](mailto:christian.thill@olympic.org)) by e-mail or by phone (+41 21 621 61 11) at the IOC.

**C. The Prohibited List**

The *Prohibited List*, applicable during the *Rio 2016 Olympic Games*, shall be available on the WADA's website and on the IOC's website.

**D. Resolving pending cases involving possible violations of anti-doping rules**

The IOC would appreciate every effort made by the *National Anti-Doping Organisations*, the *International Federations* and the *National Olympic Committees* to ensure that pending cases involving possible violations of anti-doping rules committed by *Athletes* or *Athlete Support Personnel*, who might participate in the *Rio 2016 Olympic Games*, are resolved before the *Athletes* take part in their first competitions at the *Rio 2016 Olympic Games* and before the *Athlete Support Personnel* validates their Olympic identity and accreditation cards for the *Rio 2016 Olympic Games*.

**E. NOC Contact Person for anti-doping-related matters**

The IOC requests that all NOCs who are sending teams to the *Rio 2016 Olympic Games* forward to the IOC Legal Affairs Department ([soheyla.behnam@olympic.org](mailto:soheyla.behnam@olympic.org)), not later than 31 May 2016, the name, and the coordinates, of the person whom the IOC can contact from your NOC regarding anti-doping-related matters upon the occasion of the *Rio 2016 Olympic Games*.

**F. IF Contact Person for anti-doping-related matters**

The IOC requests that all *International Federations*, whose sport is on the programme for the *Rio 2016 Olympic Games*, forward to the IOC Legal Affairs Department ([soheyla.behnam@olympic.org](mailto:soheyla.behnam@olympic.org)), not later than 31 May 2016, the name, and the coordinates, of the person whom the IOC can contact from your IF regarding anti-doping-related matters upon the occasion of the *Rio 2016 Olympic Games*.

Please ensure that the documentation and information referred to in this letter is forwarded to all persons linked to your organization who have a need to know such documentation, in particular to the *Athletes*, coaches and medical personnel.

Yours sincerely,



Howard M. STUPP  
Director of Legal Affairs



Richard BUDGETT  
Medical and Scientific Director

Enc. IOC Anti-Doping Rules applicable to the Games of the XXXI Olympiad, in Rio de Janeiro, in 2016