

**NEW ICF PARACANOE
ON-WATER TECHNICAL ASSESSMENT CHART**

Athlete ID number

K1

ON WATER OBSERVATION

Observed getting into the boat: Yes
 Observed paddling away from dock: Yes
 Observed paddling towards the dock: Yes
 Observed paddling right to left (L to R) Yes
 Start observed: Yes
Intensity should vary from 50% effort to 100% effort

Equipment passport submitted before competition Video

Adapted equipment with paddler in boat (photo)

Adapted paddle (photo) Athlete holds adapted paddle (photo)

Novice paddler

Experienced paddler

Right Leg movement	0 Passive or no movement	1 Partial movement	2 Full movement
Left Leg movement	0 Passive or no movement	1 Partial movement	2 Full movement
	FOR 0 POINTS: Athletes may use adaptations and strapping to prevent unwanted movements of paralysed limbs or residual limbs to aid stability in the boat. These adaptations or straps cannot permit any leg movement in hip, knee or foot flexion/extension.		
	FOR 1 POINT: Voluntary movement of hip flexion/extension or partial movement of hip and knee flexion/extension. Example: above knee amputee.		
	FOR 2 POINTS: Voluntary movement of hip and knee flexion/extension. Example: below knee amputee		
Angle of legs	High	Normal	Flat
Foot/legs contact with footboard or boat	Yes		No
Balance	0 Functional Balance is compromised by using the upper trunk only. (Look for: <u>need</u> for straps, high seat)	1 Functional Balance is compromised by using the upper and lower trunk only. (Look for: <u>need</u> for lower backrest, strap around hips/legs)	2 Functional Balance is achieved using the upper and lower trunk and full/partial leg(s) (no <u>need</u> for strapping; regular seat.)
Trunk Posture	0 Backwards/C-shaped	1 Upright	2 Forward (Flex)
Trunk Rotation	0 No rotation	1 Partial rotation	2 Full rotation

Trunk Side flexion	0 Both sides, head moving	1 One side	2 No side flexion
Range of stroke motion	Short Normal Long	Symmetrical Yes No	
Depth of paddle stroke	Deep Shallow Wide		
Stroke speed	Slow Regular Fast	Able to vary speed	
Stroke synchronization	Basic Regular Good		
TOTAL POINTS			
Which cluster does this score fit into <i>(Circle one)</i>	Cluster 1 0 – 3 points	Cluster 2 4 – 8 points	Cluster 3 9 – 12 points

Technical Classifier Signature

Date