

**NEW ICF PARACANOE
PHYSICAL ASSESSMENT CHART FOR THE LEGS
VA'A**

Athlete ID Number

Federation

REMINDER: Only the Muscle Strength scores (shaded in orange) will be used for the ICF Paralympic Classification System.

If an athlete scores 2 for Muscle Strength they will automatically score 2 for ROM. Passive ROM is only tested if the athlete scores 0 or 1 on strength.

Functional Assessment	Muscle Strength through sports specific ROM (0 – 2 Scale)		Passive ROM (0 – 2 Scale)	
	RIGHT	LEFT	RIGHT	LEFT
LOWER LIMBS				
HIPS				
Flexion 80° - 130°				
Extension 130° - 80°				
KNEE				
Flexion 25° - 60°				
Extension 60° - 25°				
ANKLE				
Plantarflexion 10° - 40°				
Dorsiflexion 40° - 10°				
Leg Press				
TOTAL LOWER	/14	/14	/12	/12
DIFFERENTIAL (-)				

Total number of points scored =	/28
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Does athlete meet minimal eligibility criteria? (loss of 4 points on one limb) If NO athlete is classed as Not Eligible (NE)	YES	NO
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Which cluster does this score fit into? (tick one box)	Cluster 1 (0-2 points)	Cluster 2 (3-17 points)	Cluster 3 (18-24 points)
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NOTE :This cluster number needs to be added to the cluster numbers for the Trunk Assessment and the On water Observation, to give the athletes overall score.